

**KEY STAGE TWO**  
**All prayers cited in Key Stage 1 and:**

**HAIL, HOLY QUEEN**

Hail, Holy Queen, mother of mercy;  
Hail our life, our sweetness, and our hope!  
To you we cry, poor banished children of Eve;  
To you we send up our sighs, mourning and weeping in this valley of tears.  
Turn then, most gracious advocate,  
Your eyes of mercy towards us;  
And after this our exile, show to us the blessed fruit of your womb, Jesus.  
O Clement, O Loving, O sweet Virgin Mary.  
Pray for us, O holy Mother of God,  
That we may be made worthy of the promises of Christ.

**THE MEMORARE**

Remember,  
O most gracious Virgin Mary, that never was it known,  
that anyone, who fled to your protection,  
Implored your help,  
Or sought your intercession, was left unaided,  
Inspired with this confidence, I fly to you, my Mother  
O Virgin of Virgins,  
Before you I stand  
Sinful and sorrowful.  
O mother of the word incarnate,  
Do not reject my petitions,  
But graciously hear and answer my prayer. Amen

**THE MAGNIFICAT**

My soul glorifies the Lord,  
My spirit rejoices in God, my Saviour.  
He looks on his servant in her lowliness;  
Henceforth all ages will call me blessed.



The Almighty works marvels for me.  
 Holy his name!  
 His mercy is from age to age,  
 On those who fear him.

He puts his arm in strength and scatters the proud-hearted.  
 he casts the mighty from their thrones and raises the lowly.

He fills the starving with good things,  
 Sends the rich away empty.

He protects Israel, his servant,  
 Remembering his mercy,  
 the mercy promised to our fathers,  
 To Abraham and his sons for ever.



## The Litany of the Blessed Virgin Mary

Lord, have mercy.  
*Lord, have mercy.*  
 Christ, have mercy.  
*Christ, have mercy.*  
 Lord, have mercy.  
*Lord, have mercy.*  
 Christ, hear us.  
*Christ, graciously hear us.*  
 God the Father of Heaven,  
*have mercy on us.*  
 God the Son,  
 Redeemer of the world,  
*have mercy on us.*  
 God the Holy Spirit,  
*have mercy on us.*  
 Holy Trinity, one God,  
*have mercy on us.*

Holy Mary, *pray for us*  
 Holy Mother of God,  
 Holy Virgin of Virgins,  
 Mother of Christ,

Mother of divine grace,  
 Mother of the Church,  
 Mother most pure,  
 Mother most chaste,  
 Mother inviolate,  
 Mother undefiled,  
 Mother most amiable,  
 Mother most admirable,  
 Mother of good counsel,  
 Mother of our Creator,  
 Mother of our Saviour,  
 Virgin most prudent,  
 Virgin most venerable,  
 Virgin most renowned,  
 Virgin most powerful,  
 Virgin most merciful,  
 Virgin most faithful,  
 Mirror of Justice, *pray for us.*  
 Seat of Wisdom,  
 Cause of our joy,  
 Spiritual vessel,  
 Vessel of honour,  
 Singular vessel of devotion,  
 Mystical Rose,  
 Tower of David,

Tower of Ivory,  
 House of Gold,  
 Ark of the Covenant,  
 Gate of Heaven,  
 Morning Star, *pray for us*  
 Health of the sick,  
 Refuge of sinners,  
 Comforter of the afflicted,  
 Help of Christians,  
 Queen of Angels,  
 Queen of Patriarchs,  
 Queen of Prophets,  
 Queen of Apostles,  
 Queen of Martyrs,  
 Queen of Confessors,  
 Queen of Virgins,  
 Queen of All Saints,  
 Queen conceived without  
 original sin,  
 Queen assumed into  
 Heaven,  
 Queen of the most holy  
 Rosary,  
 Queen of the Family,  
 Queen of Peace.

Lamb of God, who takes  
 away the sins of the world,  
*Spare us of Lord.*  
 Lamb of God, who takes  
 away the sins of the world,  
*Graciously hear us O Lord.*  
 Lamb of God, who takes  
 away the sins of the world,  
*Have mercy on us.*

V. Pray for us, O holy Mother  
 of God,  
*R. That we may be made  
 worthy of the promises of  
 Christ.*

### LET US PRAY

Grant we beseech Thee, O Lord,  
 that we Your servants may  
 rejoice in continual health of  
 mind and body and that through  
 the glorious intercession of the  
 Blessed Mary ever Virgin, she  
 may free us from our sorrows in  
 this life and obtain for us eternal  
 happiness in the next, through  
 Christ our Lord Amen.

## **Regina Caeli** [said between Easter & Pentecost]

Queen of Heaven rejoice, Alleluia!

The Son whom it was your privilege to bear... Alleluia!

Has risen as he said. Alleluia!

Pray for us to God. Alleluia!

Rejoice and be glad O Virgin Mary. Alleluia!

For the Lord is truly risen. Alleluia!

Let us pray

O God you were pleased to give joy to the world through the resurrection of your Son, Our Lord Jesus Christ. Grant, we beseech you, through the intercession of the Blessed Virgin Mary, his Mother that we may attain to the joys of eternal life, through Christ Our Lord.

Amen

### **Twelfth Century Antiphon**

The **Regina Coeli** comes from an unknown author of the twelfth century and celebrates the joy of the Easter season. From the sixteenth or following century we find it in the evening offices of the Church's *Liturgy of the Hours* and in place of the *Angelus* during Paschal time. It is a simple prayer of remarkable theological density.

It addresses Mary: "Queen of Heaven, rejoice, alleluia." The title "queen" is very ancient. It can be said to have a biblical basis. If the apostles, and indeed all the true followers of Jesus, are to sit on thrones (see Matthew 19:28; Luke 22:28-30; Revelation 3:20-21), surely Mary, who perfectly fulfils all the demands of her Son's teaching, must also surely reign.

**The antiphon unites the Incarnation and the Paschal event: "For he whom you merited to bear, alleluia. Has risen as he said, alleluia." It is the fullness of joy announced by Gabriel at the Annunciation. It continues with a plea for Mary's intercession, "Pray for us to God, alleluia." It then enters into her paschal joy. Instead of letting the feast of the resurrection happen and pass is by, we are to follow Mary in constantly pondering: "Be glad and rejoice, O Virgin Mary, alleluia. For the Lord has truly risen, alleluia." there is a modern hymn which says, "We are an Easter people, and alleluia is our song."**

The prayer which follows is modelled the liturgy which remembers Mary, but then prays to the Father: "O God who gave joy to your family through the resurrection of your Son, our Lord Jesus Christ; grant we ask you that through his Mother, the Virgin Mary, we may obtain the joys of everlasting life; through the same Christ our Lord. Amen."

In this prayer we are again concerned with the greatest and ultimate issue of our Christian lives, salvation, which means sharing the joy of the resurrection of Jesus. This prayer to the Father is made through the one mediator, "through the same Christ our Lord" (see *Timothy 2:4-5*), but it is also "through his Mother, the Virgin Mary," that is a subordinate mediation that involves her intercession.

**It is in prayer that we can most easily experience the truths of the faith about Mary; in the *Regina Coeli* we can find an invitation to, and a model for, Paschal joy.**

C. O'Donnell, O.Carm.



## The Angelus

V. The angel of the Lord declared unto Mary;

R. *And she conceived by the Holy Spirit*

Hail Mary...

V. Behold the handmaid of the Lord;

R. *Be it done unto me according to your word.*

Hail Mary...

V. And the Word was made Flesh;

R. *And dwelt among us.*

Hail Mary...

V. Pray for us. O holy Mother of God:

R. *That we may be made worthy of the promises of Christ.*

Let us pray.

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your son, was made known by the message of an angel, may, by his Passion and Cross, be brought to the glory of his Resurrection, through the same Christ our Lord. AMEN.



The custom of saying the 'Hail Mary' three times when the bell rang in the evening goes back to the thirteenth century, and there are bells of that period inscribed with the angelic salutation. The prayer was formerly the postcommunion for Masses of Our Lady in Advent and is now the opening prayer for the Fourth Sunday of Advent. The prayer, formulated in honour of the Incarnation, commemorates the angel Gabriel's announcement to Mary that Jesus was to be born of her. The prayer is recited three times a day at approximately 6 a.m., noon, and 6 p.m. when the Angelus bell is rung. Where its practice exists the ringing of the bells commonly follows a certain pattern: there are three strokes at each invocation, each followed by a pause, and then nine strokes in succession during the recitation of the final prayer. The Angelus is replaced by the Marian antiphon *Regina Coeli* at Eastertime.

# MYSTERIES OF THE ROSARY

[May and October are months of The Rosary]

## Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Birth of Our Lord
4. The Presentation
5. The Finding of the child Jesus in the Temple



## The Mysteries of Light

1. The Baptism in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom of God and the call to conversion
4. The Transfiguration
5. The Institution of the Eucharist

## Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

## The Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Coming of the Holy Spirit
4. The Assumption of Our Lady
5. The Crowning of Our Lady as Queen of Heaven.